

Kitchener Stitch Made Easy![™]

Knit-Kard[™] Nancy's Knit Knacks LLC © 1998

1. Leave a tail length equal to the amount that you would normally use to complete a row.
2. Hold the needles parallel, wrong sides together, and thread the tail onto a tapestry ndl.
3. Keep the work loose. Try to match the tension of the stitches. It will be easier to tighten it up later than to loosen it.
4. Using the tapestry needle, go into the stitch on the front needle as if to purl. Draw the yarn all of the way through. Leave the stitch on the needle. The working yarn must pass under the knitting needles when repeating each step.
5. Go into the stitch on the back needle as if to